



Gospel Mt 5:13-16

You are the light of the world.

Jesus said to his disciples: 'You are the salt of the earth. But if salt becomes tasteless, what can make it salty again? It is good for nothing, and can only be thrown out to be trampled underfoot by men.

'You are the light of the world. A city built on a hill-top cannot be hidden. No one lights a lamp to put it under a tub; they put it on the lamp-stand where it shines for everyone in the house. In the same way your light must shine in the sight of men, so that, seeing your good works, they may give the praise to your Father in heaven.'

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Reflection by Dianne Bergant CSA

We live in a world where appearances frequently matter more than they should. Contrary to this predominating tendency, Jesus teaches us that what we do flows from who and what we are. We can enlighten the world with the message of the gospel, because our lives have been transformed by that gospel and now we ourselves are light for others. We can serve others in various ways, only because we have been saved by God's grace and now we are agents of that grace in the lives of others. Our own renewal becomes the means through which God renews the world.

This may sound grandiose, but it isn't. It is the truth about the way God works. Extraordinary things are accomplished through ordinary people. Jesus grew up as the son of a carpenter; some of the apostles were fishermen; Paul was a tentmaker; we are clerks and teachers, bus drivers and doctors, bank tellers and engineers. Like Paul we come to ministry in weakness and fear and much trembling. It is the Spirit and power of God that work the wonders, and God works them through mundane elements of life such as light and salt.

As children, many of us learned the corporal and the spiritual works of mercy. We learned that we can practise them in every walk of life. Today's readings remind us of this. We may not be asked to perform extraordinary feats, but all disciples of Jesus are called upon to do the ordinary things of life in an extraordinary way.



Fifth Sunday in Ordinary Time, Year A

8 February 2026

First Reading Is 58:7-10

Your light will shine like the dawn.

Thus says the Lord:

Share your bread with the hungry,
and shelter the homeless poor,
clothe the man you see to be naked
and turn not from your own kin.
Then will your light shine like the dawn
and your wound be quickly healed over.

Your integrity will go before you
and the glory of the Lord behind you.
Cry, and the Lord will answer;
call, and he will say, 'I am here.'

If you do away with the yoke,
the clenched fist, the wicked word,
if you give your bread to the hungry,
and relief to the oppressed,
your light will rise in the darkness,
and your shadows become like noon.

Responsorial Psalm

Ps 111:4-9. R. v.4

(R.) A light rises in the darkness for the upright.

or

(R.) Alleluia!

1. He is a light in the darkness for the upright:
he is generous, merciful and just.
The good man takes pity and lends,
he conducts his affairs with honour (R.)

2. The just man will never waver:
he will be remembered for ever.
He has no fear of evil news;
with a firm heart he trusts in the Lord. (R.)
3. With a steadfast heart he will not fear;
open-handed, he gives to the poor;
his justice stands firm for ever.
His head will be raised in glory. (R.)

Second Reading 1 Cor 2:1-5

I came to you to proclaim Christ crucified.

When I came to you, brothers, it was not with any show of oratory or philosophy, but simply to tell you what God had guaranteed. During my stay with you, the only knowledge I claimed to have was about Jesus, and only about him as the crucified Christ. Far from relying on any power of my own, I came among you in great 'fear and trembling' and in my speeches and the sermons that I gave, there were none of the arguments that belong to philosophy; only a demonstration of the power of the Spirit. And I did this so that your faith should not depend on human philosophy but on the power of God.

Gospel Acclamation Jn 8:12

Alleluia, alleluia!

***I am the light of the world,
says the Lord;***

***the man who follows me
will have the light of life.***

Alleluia!



St Patrick's Parish Cooma

St Columbkille's Parish Jindabyne



Fifth Sunday in Ordinary Time, Year A

8 February 2026

PARISH CONTACTS

PARISH PRIEST

Father Mark Croker
0428 190 759
02 6452 2062

Assistant Priest: tba Sacramental Program

Father Mark Croker
0428 190 759

PARISH WEBSITE

www.cg.org.au/cooma

Parish Secretary

Mrs Sharon Nesbitt
02 6452 2062

Mon, Wed & Thu

9am -1pm & 2pm - 4.30pm

Email: cooma@cg.org.au

ST PATRICK'S SCHOOL

02 6452 1721

School Principal

Dr Mangan

School Website:

www.stpatscooma.nsw.edu.au

PARISH PASTORAL COUNCIL

Darren 0429 904 291

WEEKEND MASS & LW&HC TIMES

Adaminaby

No Mass until further notice

Berridale

2nd & 4th Sunday

Vigil Mass Saturday 3.30pm

All other Sundays

LW&HC 10am Sunday

Cooma

Mass Sunday 10am

Mass Tue, Thu & Fri 10am

Except 3rd Friday of month

Mass Yallambee Lodge 9.30am

Mass Hudson House Respect 11am

Jindabyne

Vigil Mass Saturday 5pm

Except 5th Sunday

LW&HC 5pm Saturday

Nimmitabel

1st Sunday

Vigil Mass Saturday 3pm

All other Sundays

LW&HC at 5pm Saturday

Numeralla

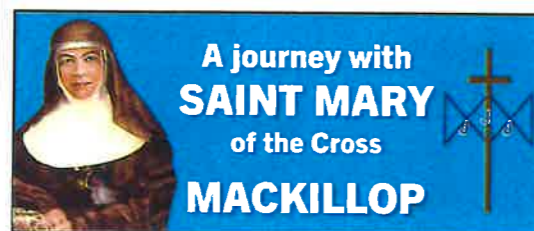
2nd Sunday LW&HC 5pm

4th Sunday Mass 5pm

POPES INTENTION FEBRUARY

For children with incurable diseases

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.



Mary MacKillop Memorial Chapel, North Sydney, blessed & opened by Archbishop Michael Kelly. 18.1.1914

Much that is hidden from us is known to God, and many things which we condemn are pleasing to God because God sees the motives and we see only the result. (Book of Customs)

Mary MacKillop visits New Zealand convents, 1894 till 1895.



Lenten Program 2026-

Compassio Artwork

Order's open now for Lenten Booklet \$10
Please add name's to list in Church foyer this weekend if you would like a copy.

Thank you.

PARISH CALENDAR

Week 8 Feb 2026

MON -
TUE 10am Mass
WED Bombala Parish 12.30pm
THU 10am Mass
FRI 10am Mass

3rd Sunday of the Month
SAT 5 pm Jindabyne Mass
SUN 10 am Cooma Mass

REMEMBERING THEIR FAITH AND LOVE

We pray for those who have recently departed this life;

Bruno Nosek-Funeral Tue 11am,
Peter Upton, Magid Sukkar,
Luigi Giuliani

Anniversaries & Intentions

for those anniversaries is remembered at this time, and special prayers requested, may they be welcomed into the glory of the Risen Lord and rest in eternal peace. We pray to the Lord.

Geoff Fitzgerald, Warren Hinds,
Francis Goodwin, Anita Stefani,
Keith & Debbie Tozer, Mary Hanna,
Tania & Carmela Giuliani.

**"We have loved them in Life:
Let us not forget them in death."**

∞

For the sick within our families, friends and parish community

and all who have asked for our prayers, may they be granted strength, comfort and healing.

We pray to the Lord.



FEBRUARY - MONTH OF THE HOLY FAMILY

The Holy Family is a model for all families everywhere because God the Father made it so. He could have sent Jesus to earth in any number of ways, but He chose to place Jesus in a family with a father and mother. In addition, the Holy Family is a model for domestic life. When we centre our family life on Christ and live the life of the Church in our homes, this is referred to as the domestic church. The Holy Family is the icon of the domestic Church, called to pray together. The family is the domestic Church and must be the first school of prayer....pray together as a family at the school of the Holy Family of Nazareth and thereby really to become of one heart and soul, a true family."



Prayer of the Faithful

*Response: (R)
Lord, hear our prayer*

PRIEST: God's Word has been broken for us and we are nourished by its teaching. Now we turn to our God for what we need in the church and in the community.

COMMENTATOR:

For the church and all who proclaim the Word of God: that they may announce the Good News with conviction and rely upon the Spirit to touch the hearts of those who listen. (pause) We pray to the Lord.

For peace and an end to violence, especially at the present time in Ukraine: that God will guide all leaders to dialogue and a peaceful resolution of disputes. (pause)

We pray to the Lord.

For all who reach out to the poor and those in need: that they may see the face of Christ in those whom they serve and never grow weary in offering love and compassion. (pause)

We pray to the Lord.

For all who are sick in mind or body: that they may be assured of God's love and care for them, and experience a genuine welcome, practical support and understanding from Christ's church. (pause)

We pray to the Lord.

For those who have died, especially all for whom we have been asked to pray. May they rejoice and be glad in the reward promised by Jesus in heaven. (pause)

We pray to the Lord.

PRIEST: God of all truth, Help us to be faithful in following your Son. We ask this through Christ our Lord. Amen.

SACRAMENTAL PROGRAM * 2026 *

If your child or grandchild is 7-12 years and wishing to enrol in this year's Sacramental program, please see Fr Mark Croker for a registration form after mass.

This includes the Sacrament for Reconciliation, First Holy Communion and Confirmation, dates for each will be advised.

READINGS FOR NEXT SUNDAY

The Sixth Sunday in Ordinary Time-Year A

First Reading: Eccl 15: 15-20
Second Reading: [1 Corinthians 2: 6-10](#)
Gospel: Matthew 5: 20-22. 27-28.33-34 37

*ATTENTION PLEASE *

ROSTERS ARE BEING OVERHAULED

If you would like to be on a Roster please see Fr Mark or Sharon this week. If we do not hear from you, your name will not appear. It is extremely important you make contact to continue your invaluable Ministry to our Church. Thank you for your continued support and we look forward to hearing from you this week and welcome many new volunteers to our Ministry services please.

Reader/Commentator/ Acolyte/Eucharistic Minister/ Usher/ Cleaner/ Linen/ Hospital/ counters/Altar servant. Please ✓ and return

NAME:..... Phone:

Joke:

Farmer Jane is walking down a country path when suddenly, she spots a beautiful cow in a nearby farmyard. Noticing a farmer sitting on the porch, she walks up to him and says, "Pardon me, sir, but your cow looks very good and I wish to ask if you'd be willing to sell her for \$500." The farmer replies, "She doesn't look good at all and she's not for sale."

Jane blinks in perplexity as she replies, "But sir, she truly does look very good; I'm in need of a good milk cow right now and am willing to raise the price to \$1000 if you like." The farmer replies, "She really doesn't look so good, but if you want her that much, I'm willing to sell."

Jane happily gives the farmer the money and begins leading the cow out of the gate. The cow smacks into the side of the gate, trips over three rocks, stumbles into the farmer's mailbox, then sits still on the ground. "Wait a minute," Jane says, looking closely at the cow's face. "This poor cow is blind!"

"Sorry, miss," the farmer replies. "But I did give you fair warning that she didn't look so good."